

# STEEPEST DESCENT

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## 1 LINEAR SYSTEMS AND QUADRATIC FUNCTION MINIMIZATION

We are studying quadratic function minimization because this turns out to a good way to understand how to solve  $\mathbf{Ax} = \mathbf{b}$  for symmetric positive definite matrices  $\mathbf{A}$ . A full understanding of this will involve some analysis of convex functions. This is all *straightforward* for this case (if not simple), but it is an instance of a far more general theory. Some of the notes will make references to more general results that could be proved but are not relevant for the linear system case.

### 1.1 MOTIVATION FROM THE SCALAR CASE

Recall that a scalar quadratic function can be written:

$$f(x) = ax^2 + bx + c.$$

These look like bowls or lines (when  $a = 0$ ).

Consider the problem

$$\underset{x}{\text{minimize}} \quad ax^2 + bx + c$$

The solution is undefined if  $a < 0$  (or just  $\infty$ ). Otherwise,  $x = -b/(2a)$  is the point that achieves the minimum. This can be found by looking for a point where the derivative is 0:

$$f'(x) = 2ax + b = 0 \Rightarrow x = -b/(2a).$$

A multivariate quadratic *looks* very similar.

### 1.2 THE MULTIVARIATE QUADRATIC FOR $\mathbf{AX} = \mathbf{B}$

For  $\mathbf{Ax} = \mathbf{b}$ , it turns out that for any positive definite matrix  $\mathbf{A}$ , that we can view it as the solution of an optimization problem

$$\underset{\mathbf{x}}{\text{minimize}} \quad \frac{1}{2}\mathbf{x}^T \mathbf{A} \mathbf{x} - \mathbf{x}^T \mathbf{b}.$$

This is because if  $\mathbf{A}$  is positive semi-definite, then this problem is convex with a unique global minimizer. A convex function is just one that always lies below any line connecting two points. Formally, this is  $f(\alpha\mathbf{x} + (1-\alpha)\mathbf{y}) \leq \alpha f(\mathbf{x}) + (1-\alpha)f(\mathbf{y})$ . A global minimizer is any point  $\mathbf{x}^*$  where  $f(\mathbf{x}^*) \leq f(\mathbf{x})$  for any other point  $\mathbf{x}$ . Note that if  $f(\mathbf{x})$  is convex and if we have two global minimizers, then any point on the line connecting them must be a minimizer by the property of convexity.

**THEOREM 1** Let  $f(\mathbf{x}) = \frac{1}{2}\mathbf{x}^T \mathbf{A} \mathbf{x} - \mathbf{x}^T \mathbf{b}$ . Then  $f(\mathbf{x})$  is convex if  $\mathbf{A}$  is symmetric positive definite.

*Proof* From the definition

$$\begin{aligned} f(\alpha\mathbf{x} + (1-\alpha)\mathbf{y}) &= (\alpha\mathbf{x} + (1-\alpha)\mathbf{y})^T \mathbf{A} (\alpha\mathbf{x} + (1-\alpha)\mathbf{y}) - (\alpha\mathbf{x} + (1-\alpha)\mathbf{y})^T \mathbf{b} \\ &= \alpha(\alpha\mathbf{x}^T \mathbf{A} \mathbf{x} - \mathbf{x}^T \mathbf{b}) + (1-\alpha)((1-\alpha)\mathbf{y}^T \mathbf{A} \mathbf{y} - \mathbf{y}^T \mathbf{b}) + 2\alpha(1-\alpha)\mathbf{x}^T \mathbf{A} \mathbf{y} \\ &= \alpha^2\mathbf{x}^T \mathbf{A} \mathbf{x} + (1-\alpha)^2\mathbf{y}^T \mathbf{A} \mathbf{y} + 2\alpha(1-\alpha)\mathbf{y}^T \mathbf{A} \mathbf{x} - \alpha\mathbf{x}^T \mathbf{b} - (1-\alpha)\mathbf{y}^T \mathbf{b} \end{aligned}$$

Our goal is to show that this is  $\leq \alpha\mathbf{x}^T \mathbf{A} \mathbf{x} + (1-\alpha)\mathbf{y}^T \mathbf{A} \mathbf{y} - \alpha\mathbf{x}^T \mathbf{b} - (1-\alpha)\mathbf{y}^T \mathbf{b}$ , and so the idea is to show that

$$\alpha^2\mathbf{x}^T \mathbf{A} \mathbf{x} + (1-\alpha)^2\mathbf{y}^T \mathbf{A} \mathbf{y} + 2\alpha(1-\alpha)\mathbf{y}^T \mathbf{A} \mathbf{x} - \alpha\mathbf{x}^T \mathbf{A} \mathbf{x} - (1-\alpha)\mathbf{y}^T \mathbf{A} \mathbf{y} \leq 0.$$

### Learning objectives

1. Appreciate how linear systems are closely related to minimizing quadratic functions
2. Witness a computation of the gradient for a multivariate function in matrix algebra
3. See a characterization of a quadratic minimizer as the solution of a linear system
4. Generalize the algorithm to the steepest descent algorithm for solving a linear system

There is a stronger result to prove here too.

Note that we can simplify this to

$$(\alpha(\alpha - 1))(\mathbf{x}^T \mathbf{A} \mathbf{x} + \mathbf{y}^T \mathbf{A} \mathbf{y} - 2\mathbf{x}^T \mathbf{A} \mathbf{y})$$

where we have  $(\alpha(\alpha - 1)) \leq 0$  and  $(\mathbf{x}^T \mathbf{A} \mathbf{x} + \mathbf{y}^T \mathbf{A} \mathbf{y} - 2\mathbf{x}^T \mathbf{A} \mathbf{y}) = (\mathbf{x} - \mathbf{y})^T \mathbf{A} (\mathbf{x} - \mathbf{y}) \geq 0$ . Hence, the entire expression is  $\leq 0$ , and we are done! ■

### 1.3 THE GRADIENT

Last time we proved that  $f(\mathbf{x}) = \frac{1}{2} \mathbf{x}^T \mathbf{A} \mathbf{x} - \mathbf{x}^T \mathbf{b}$  was a convex function. Let's show that the gradient of  $f(\mathbf{x})$  is really the vector  $\mathbf{A} \mathbf{x} - \mathbf{b}$ .

EXAMPLE 2 Consider the function  $f(\mathbf{x}) = \frac{1}{2} \begin{bmatrix} x \\ y \end{bmatrix}^T \begin{bmatrix} 3 & -1 \\ -1 & 4 \end{bmatrix} - \begin{bmatrix} x \\ y \end{bmatrix}^T \begin{bmatrix} 7 \\ -6 \end{bmatrix} = 3/2x^2 + 2y^2 - xy - 7x + 6y$ . Then the gradient is the vector

$$\begin{bmatrix} \partial f / \partial x \\ \partial f / \partial y \end{bmatrix} = \begin{bmatrix} 3x - y - 7 \\ 4y - x + 6 \end{bmatrix} = \begin{bmatrix} 3 & -1 \\ -1 & 4 \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix} - \begin{bmatrix} 7 \\ -6 \end{bmatrix}.$$

More generally,

$$f(x_1, \dots, x_n) = 1/2 \sum_{ij} A_{ij} x_i x_j - \sum_i x_i b_i$$

We like thinking of this in terms of the following table:

$A_{11}x_1^2$	$A_{12}x_1x_2$	...	$A_{1n}x_1x_n$
$A_{21}x_2x_1$	$A_{22}x_2^2$	...	$\vdots$
$\vdots$	$\ddots$	$\ddots$	$\vdots$
$A_{n1}x_nx_1$	...	...	$A_{nn}x_n^2$

Now we have terms involving  $x_i$  in the  $i$ th row and  $i$ th column.

$$\partial f / \partial x_i = 1/2 \sum_{j \neq i} A_{ij} x_j + A_{ii} x_i + 1/2 \sum_{j \neq i} A_{ji} x_j - b_i = \text{ith row of } \mathbf{A}^T \mathbf{x} - b_i$$

### 1.4 THE MINIMIZER

The minimizer of a function is any point that is the lowest in some neighborhood. Formally, a point  $\mathbf{x}^*$  is a local minimizer if  $f(\mathbf{x}^*) \leq f(\mathbf{x})$  for all  $\mathbf{x}$  where  $\|\mathbf{x} - \mathbf{x}^*\| \leq \epsilon$  for some positive value of  $\epsilon$ . This just means that this is the lowest point in a neighborhood around the current point. The global minimizer  $\mathbf{x}^*$  of a function is a point which is lower than everywhere else:  $f(\mathbf{x}^*) \leq f(\mathbf{x})$  for all  $\mathbf{x}$ .<sup>1</sup>

*Convex functions are awesome because any local minimizer is a global minimizer!*

This is easy to prove for continuous functions like the  $f(\mathbf{x})$  that solves linear systems. Consider a point  $\mathbf{x}$  and  $\mathbf{y}$  where  $\mathbf{x}$  is a local minimizer and  $\mathbf{y}$  is a global minimizer. Then along the line  $\alpha \mathbf{x} + (1 - \alpha) \mathbf{y}$  we must have that the function is bounded below by  $\alpha f(\mathbf{x}) + (1 - \alpha) f(\mathbf{y})$ . Because  $\mathbf{x}$  isn't a global min, we know that  $f(\mathbf{y}) < f(\mathbf{x})$ . Hence, that we *must* reduce the value of the function for all positive  $\alpha$  compared with  $f(\mathbf{x})$ . This means that  $f(\mathbf{x})$  couldn't have been a local minimizer. Hence, any local minimizer is a global minimizer of a continuous convex function.

### 1.5 CHARACTERIZING THE MINIMIZER

*Any point where the gradient is zero is a global minimizer for a continuous convex function.*

This is true generally, but it's super easy to show for our function for linear systems.

THEOREM 3 <sup>2</sup> Let  $f(\mathbf{x}) = \frac{1}{2} \mathbf{x}^T \mathbf{A} \mathbf{x} - \mathbf{x}^T \mathbf{b}$  where  $\mathbf{A}$  is symmetric, positive definite. Then the vector of partial derivatives is  $\mathbf{g}(\mathbf{x}) = \mathbf{A} \mathbf{x} - \mathbf{b}$ . Let  $\mathbf{y}$  be a point where  $\mathbf{A} \mathbf{x} - \mathbf{b} = 0$ . Then  $f(\mathbf{x}) \geq f(\mathbf{y})$ .

<sup>1</sup> For functions that aren't defined everywhere, this would be restricted to wherever the function is defined.

<sup>2</sup> This theorem generalizes to any function with a positive definite Hessian, but that's for an optimization class.

Proof Let  $\mathbf{x} = \mathbf{y} + \alpha \mathbf{z}$ . Then:

$$f(\mathbf{x}) = \frac{1}{2}(\mathbf{y} + \alpha \mathbf{z})^T \mathbf{A}(\mathbf{y} + \alpha \mathbf{z}) - (\mathbf{y} + \alpha \mathbf{z})^T \mathbf{b} = \frac{1}{2} \mathbf{y}^T \mathbf{A} \mathbf{y} + \frac{1}{2} \alpha^2 \mathbf{z}^T \mathbf{A} \mathbf{z} + \alpha \mathbf{z}^T \mathbf{A} \mathbf{y} - \mathbf{y}^T \mathbf{b} - \alpha \mathbf{z}^T \mathbf{b}.$$

Now, recall that  $\mathbf{A} \mathbf{y} = \mathbf{b}$  because the gradient is zero. Then we have:

$$f(\mathbf{x}) = \frac{1}{2} \mathbf{y}^T \mathbf{A} \mathbf{y} + \frac{1}{2} \alpha^2 \mathbf{z}^T \mathbf{A} \mathbf{z} + \alpha \mathbf{z}^T \mathbf{b} - \mathbf{y}^T \mathbf{b} - \alpha \mathbf{z}^T \mathbf{b} = f(\mathbf{y}) + \frac{1}{2} \alpha^2 \mathbf{z}^T \mathbf{A} \mathbf{z} \geq f(\mathbf{y}). \quad \blacksquare$$

## 1.6 FINDING THE MINIMIZER

*If the gradient is not zero, then we can always reduce the function by moving a sufficiently long the negative gradient.*

In general, this is just an application of Taylor's theorem for multivariate function, but we can again proof this easily for us, and get a cool result along the way!

Suppose  $\mathbf{g}(\mathbf{x}) = \mathbf{A} \mathbf{x} - \mathbf{b} \neq 0$ .<sup>3</sup> Then consider

<sup>3</sup> For the moment, we'll let  $\mathbf{g} = \mathbf{g}(\mathbf{x}) = \mathbf{A} \mathbf{x} - \mathbf{b}$  for a fixed  $\mathbf{x}$ .

$$f(\mathbf{x} - \alpha \mathbf{g}) = \frac{1}{2} \mathbf{x}^T \mathbf{A} \mathbf{x} + \frac{1}{2} \alpha^2 \mathbf{g}^T \mathbf{A} \mathbf{g} - \alpha \mathbf{g}^T \mathbf{A} \mathbf{x} - \mathbf{x}^T \mathbf{b} + \alpha \mathbf{g}^T \mathbf{b} = f(\mathbf{x}) + \frac{1}{2} \alpha^2 \mathbf{g}^T \mathbf{A} \mathbf{g} - \alpha \mathbf{g}^T \mathbf{A} \mathbf{x} + \alpha \mathbf{g}^T \mathbf{b} = f(\mathbf{x}) + \alpha \left( \frac{1}{2} \mathbf{g}^T \mathbf{A} \mathbf{g} + \mathbf{g}^T \mathbf{g} \right).$$

So if this result is going to be true, we need  $(\alpha/2 \mathbf{g}^T \mathbf{A} \mathbf{g} + \mathbf{g}^T \mathbf{g})$  for  $\alpha$  small enough. Let

$$\rho = \begin{array}{l} \text{maximize} \\ \text{subject to} \end{array} \frac{\mathbf{x}^T \mathbf{A} \mathbf{x}}{\mathbf{x}^T \mathbf{x}} \quad \mathbf{x} \neq 0 \quad \text{then} \quad \rho \geq \frac{\mathbf{g}^T \mathbf{A} \mathbf{g}}{\mathbf{g}^T \mathbf{g}} \text{ for any vector } \mathbf{g}.$$

Hence,  $\alpha/2 \mathbf{g}^T \mathbf{A} \mathbf{g} \leq \rho \alpha/2 \mathbf{g}^T \mathbf{g}$ . Thus, if  $\rho \alpha/2 \leq 1$  or  $\alpha \leq 2/\rho$  we have

$$f(\mathbf{x} - \alpha \mathbf{g}) = f(\mathbf{x}) - \underbrace{\alpha \left( \frac{1}{2} \mathbf{g}^T \mathbf{A} \mathbf{g} + \mathbf{g}^T \mathbf{g} \right)}_{\geq 0} \leq f(\mathbf{x}).$$

**Note** this is exactly the same bound we got out of the Richardson method too!

## 2 THE STEEPEST DESCENT ALGORITHM FOR SOLVING LINEAR SYSTEMS

We now need to turn these insights into an algorithm for solving a linear system of equations. The idea in steepest descent is that we use the insight from the last section: we are trying to minimize  $f(\mathbf{x})$  and we can make  $f(\mathbf{x})$  smaller by taking a step along the gradient  $\mathbf{g}(\mathbf{x})$ .

### 2.1 FROM RICHARDSON TO STEEPEST DESCENT

Steepest descent on  $f(\mathbf{x}) = \frac{1}{2} \mathbf{x}^T \mathbf{A} \mathbf{x} - \mathbf{x}^T \mathbf{b}$  is just a generalization of Richardson's iteration:

$$\begin{array}{l} \text{Richardson} \\ \text{Steepest Descent} \end{array} \quad \mathbf{x}^{(k+1)} = \mathbf{x}^{(k)} + \underbrace{\alpha (\mathbf{b} - \mathbf{A} \mathbf{x}^{(k)})}_{\text{residual}} \\ \mathbf{x}^{(k)} = \mathbf{x}^{(k)} - \underbrace{\alpha \mathbf{g}(\mathbf{x})}_{\text{gradient}} = \mathbf{x}^{(k)} - \alpha (\mathbf{A} \mathbf{x} - \mathbf{b}).$$

This means that if  $0 < \alpha < 2/\rho$  then the steepest descent method will converge.

### 2.2 PICKING A BETTER VALUE OF $\alpha$

The idea with the steepest descent method is that we can pick  $\alpha$  at each step and use  $f(\mathbf{x})$  to inform this choice. This method arose from a completely different place from Richardson's method for solving  $\mathbf{A} \mathbf{x} = \mathbf{b}$  (which was based on the Neumann series).

**Definition [Steepest Descent Algorithm]** Let  $\mathbf{A} \mathbf{x} = \mathbf{b}$  be a symmetric, positive definite linear system of equations.

## 2.3 A COORDINATE-WISE STRATEGY.

### 3 EXERCISES

1. (I'm not sure if this is true). Let  $\mathbf{Ax} = \mathbf{b}$  be a diagonally dominant M matrix, but where  $\mathbf{A}$  is not symmetric. This means that  $\mathbf{A}^{-1} \geq 0$ . Suppose also that  $\mathbf{b} \geq 0$ . Develop an algorithm akin to steepest descent for this problem. Ideas include looking at functions like  $f(\mathbf{x}) = \mathbf{e}^T \mathbf{Ax}$ .